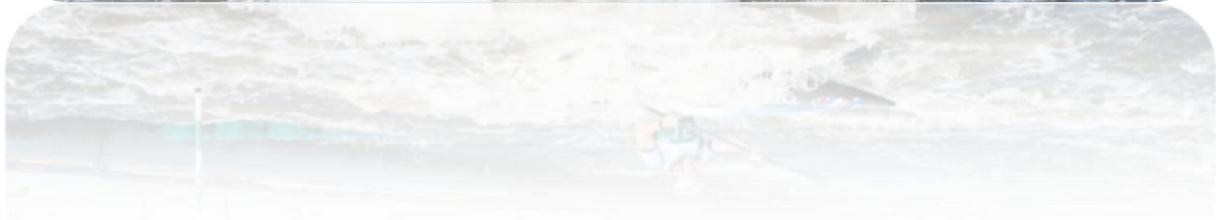


# CANOE SLALOM OLYMPIC HOPES REGATTA

28<sup>th</sup> – 30<sup>th</sup> September 2018  
Cracow, Poland



EUROPEAN  
CANOE  
ASSOCIATION



ORGANIZERS



PARTNERS



Ministry  
of Sport and Tourism  
of the Republic of Poland



Kraków



ZIS

## INVITATION

Ladies and Gentlemen,

On behalf of Polish Canoe Federation I cordially welcome to Cracow all participants of the Olympic Hopes Regatta Cracow 2018. Since 2002 City of Cracow and Kolna Regatta Course have been the heart of Polish and European Canoe Slalom.

I am convinced that you know Cracow as a city always friendly for sport and tourists.

We guarantee this atmosphere also this year to everyone who would like to come to Cracow to participate in Olympic Hopes Regatta.

We are looking forward to seeing you in Cracow!

*Tadeusz Wróblewski*  
*President of Polish Canoe Federation*

## Cracow – one of the most beautiful city in Poland

### Interesting facts about Cracow

Cracow is one of the oldest and one of largest cities in Poland. Situated in the southeast region of the country, on the Wisła (Vistula) River, between the Jura uplands and the Tatra Mountains. Cracow was the capital of Poland for 531 years. Is a city of grand history and magnificent architecture. Cracow is an important center for trade, services, culture, higher education and science.

Cracow has about 755,000 permanent residents and the city conurbation totals some 1,5 million people.



Is a metropolis with the cosmopolitan atmosphere. According to statistics in 2017 Cracow was visited by 13 million tourists. The main reason for visiting are: its historical monuments, recreation, religion and business. Outside the city are: the Wieliczka salt mine, the Tatra Mountains, Częstochowa - the historic city, Auschwitz -Nazi concentration camp and Ojcowski National Park. Inhabitants of Cracow can be counted on - they are well-educated, competent and welcoming. Today Cracow is the preferred residence of eminent artist and cultural figures. This royal city is unofficial cultural capital of Poland. Furthermore is the most recognized Polish location referred as „the Athens of the North” or „the Slavic Rome”.

## **How to access Cracow ?**

### **By plane**



### **International Airport Balice**

1 Medweckiego Str.

32-083 Balice, Poland

<http://www.krakowairport.pl/pl/>

### **By train**



### **Kraków Główny Railway Station** (Main Train Station)

5a Pawia Str.

31-154 Kraków, Poland

e-mail: [krakow.glowny@pkp.pl](mailto:krakow.glowny@pkp.pl)

### **By car**

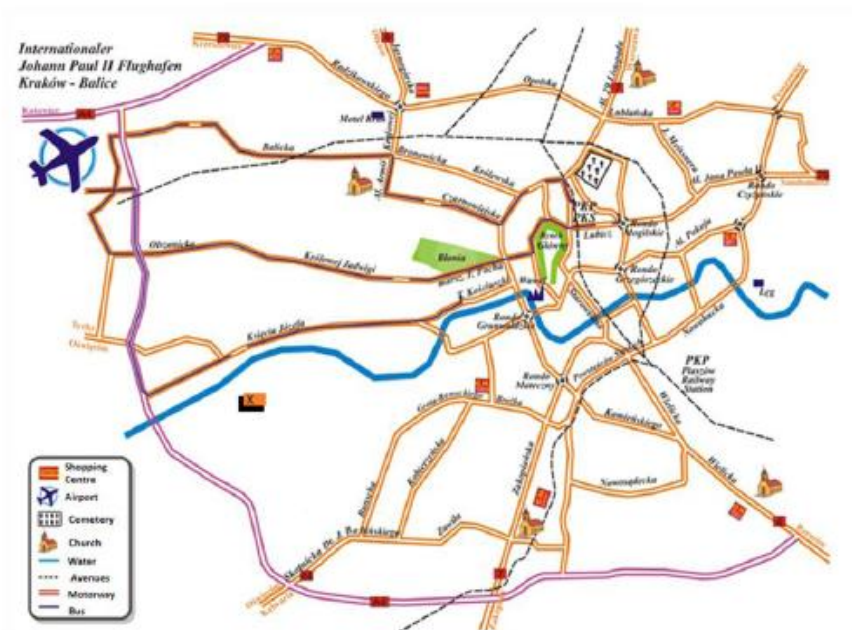
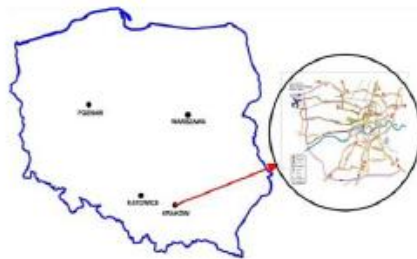


You can get to Cracow driving A4 motorway. The city centre is covered by the Parking Zone. Fare is collected for each vehicle parked within the zone. Drivers coming to the city are recommended to leave their cars in guarded car parks and specially prepared buffer car parking lots placed around the Parking Zone.

### **By bus**



**The Coach Station in Cracow** is centrally located right behind Cracow's Main Train Station. It provides both domestic and international services. Apart from tickets offices, bar and PKS information point also travel agencies selling tickets international routes located in the bus station hall.



## **KOLNA REGATTA COURSE AND KOLNA SPORT AND RECREATION CENTRE**

### **Club history**

In 2003, on the premises of the Kolna Sport and Recreation Centre in Cracow one of the most modern kayak routes in Europe was constructed. This site is functioning as the Slalom Kayak Continental Training Centre under the auspices of the International Canoe Federation and as the Olympic Preparation Centre of the Polish Canoeing Association.

It is accessible for all participants (athletes, jury, officials, guests) and all kinds of transport needs (cars, buses, trailers, etc.).

As part of the third stage of the Kolna Sports and Leisure Centre a boarding house with three-star hotel standards has been built. The hotel offers 52 rooms, some of which have been adapted for people with disabilities, it has a restaurant hall, three conference rooms. There are also hostel rooms available.

There is a sports hall, a 25m indoor sports pool, a leisure pool with a water cascade and a hydromassage, a fitness hall, a splendidly - equipped gym and a professional bio – regeneration and saunas in Kolna Sport and Recreation Centre.



### **KOLNA REGATTA COURSE, KRAKÓW**

Length -320 m.

width -11 -14 m.

depth -1,45 m.

# CANOE SLALOM OLYMPIC HOPES REGATTA

## ENTRIES AND DEADLINES

### PARTICIPATION FEE

Participation fee includes:

- medical and security service at the venue
- access to the car park
- access to the canoe course

Accreditation fee is 25Euro/person.

Competitions: C-1M, K-1W, C-1W, K-1M, C-2 Mx

Categories: U14, U16, U18, U23

### PAYMENT

#### BANK DETAILS

Beneficiary:	Krakowski Klub Kajakowy
Bank name:	Bank Spółdzielczy Rzemiosła w Krakowie
Bank address:	7 Dunajewskiego Str., Kraków, Poland
Bank account no:	48 8589 0006 0000 0027 6623 0006
BIC Swift code	POLU PL PR
IBAN nr:	PL 48 8589 0006 0000 0027 6623 0006
Transaction message:	Olympic Hopes, number of persons

Please note that transaction fees are responsibility of the participating national federations.

### DEADLINES

nominal entry – 17<sup>th</sup> September  
E-mail for entries: [entry@kolna.pl](mailto:entry@kolna.pl)

### ACCOMMODATION

#### Accommodation at the venue:

Hostel: 45 Euro/ per person/ per day for full board option

Contact for booking:

Magdalena Plichta,

e-mail: [hotel@kolna.pl](mailto:hotel@kolna.pl)



## **COMPETITION SCHEDULE**

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### **FRIDAY, 28<sup>TH</sup> SEPTEMBER**

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**8: 00 – 15:00** TRAINING IN GROUPS

**15: 00** COURSE SETTING

**17:00** DEMONSTRATION RUN

**18: 00** OFFICIAL TEAM LEADERS MEETING

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### **SATURDAY, 29<sup>TH</sup> SEPTEMBER**

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**7:30** BIBS DISTRIBUTION

**7:45** COURSE OPENING

**7: 45** JUDGES MEETING

**8:15** FORERUNNERS

**8:30- 13:00** START TO QUALIFICATION FOR CATEGORIES **U 14, U 16, U 18, U 23,**  
IN COMPETITIONS **C1M, K1K, K1M, C1K, C-2Mx**

**13:00 – 14:00** LUNCH BREAK

**14:00-17:00** START TO FINAL RACES FOR CATEGORIES: **U 14, U 16 ,U 18, U 23,**  
IN COMPETITIONS **C1M, K1K, K1M, C1K, C-2Mx**

**17: 00** COURSE SETTING

**18:00** DEMONSTRATION RUN

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**SUNDAY, 30<sup>TH</sup> SEPTEMBER**

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**7:45 COURSE OPENING**

**7: 45 JUDGES MEETING**

**8:15 FORERUNNERS**

**8:30- 13:00 START TO QUALIFICATION FOR CATEGORIES U 14, U 16, U 18, U 23,  
IN COMPETITIONS C1M, K1K, K1M, C1K, C-2Mx**

**13:00 – 14:00 LUNCH BREAK**

**14:00-17:00 START TO FINAL RACES FOR CATEGORIES: U 14, U 16 ,U 18, U 23,  
IN COMPETITIONS C1M, K1K, K1M, C1K, C-2Mx**

Award Ceremony will be **30min. after last start.**

## CANOE SLALOM OLYMPIC HOPES REGATTA

### ORGANIZER / CONTACTS

#### TRAINING CAMP

Training camp before the event can be arranged by the HOC upon request please contact:  
[biuro@kolna.pl](mailto:biuro@kolna.pl)

#### CONTACTS

Cracow Canoe Club  
2 Kolna Str.  
30-381 Cracow



Contact person: Magdalena Plichta  
Event website: <http://www.pzkaj.pl/index.php/olympic-hopes.html>  
e-mail: [hotel@kolna.pl](mailto:hotel@kolna.pl)  
Phone: +48 12 252-40-51  
Entries: [entry@kolna.pl](mailto:entry@kolna.pl)



**SEE YOU IN CRACOW**